



Self Inspection to Identify Hazards and Safety Training Needs

1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with MIOSHA

2 Why you need this Seminar . . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high direct costs of work-related injuries, which grew to \$42.5 billion nationally in 2000, and indirect costs, which were estimated at an additional \$127 - \$212 billion in 2002. (*2003 Liberty Mutual Safety Index.*)
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces worker's compensation costs, improves employee morale, and increases production and quality.

3 What You'll Learn . . .

This program stresses the importance of inspection programs in order to comply with MIOSHA Standards as well as uncover other real hazards not addressed by regulation. Common workplace hazards, as well as effective control methods and measures, are examined. The importance of Job Safety Analysis and employee training is emphasized.

Agenda

We offer a flexible program agenda to emphasize the topics you want most.

- ▶ Identify Common Safety Hazards Throughout Workplace
- ▶ Understand Methods of Creating a Safe Work Environment by Using:
 - ~Guards and Devices
 - ~Job Safety Analysis
 - ~Employee Safety Training
- ▶ Prevent Lower Back Injuries by Evaluating the Hazards of a Lifting Job Using the NIOSH Lifting Equation.

Facilitator

In 1988 Linda Long joined MIOSHA. For 9 years she worked in MIOSHA General Industry Safety Division; 7 years as a safety officer, 2 as a regional supervisor. In 1997 she joined the CET division. She was co-leader of the implementation team for 1998-2003 Strategic Plan goal 1.1A: Reducing Amputations. Her past positions include: electrician's apprentice, Class B millwright, carpenter's apprentice, computer software applications instructor, and software development and support.

Linda continues her education at Schoolcraft College and attends lectures at the University of Michigan, Department of Physics, regarding quantum physics, cosmology, and astronomy.

She has received commendations from OSHA for work during the World Trade Center emergency. In a letter from the Associate Chair – Research, Department of Emergency Medicine, her presentation to engineering students at University of Michigan was said to be “fantastic.”



Linda Long
*Occupational Safety Consultant,
MIOSHA, CET Division*

Program Details

DATE: April 6, 2006
LOCATION: Holiday Inn
5353 Gateway
Flint, MI 48507
COST: \$60 per person, includes course materials and lunch.

TIME: Check-in - 8:30 a.m.
Program - 9:00 a.m. to 4:00 p.m.
DEADLINE: Register by March 30, 2006
Enrollment is limited to 45 participants, so please register early!
CONTACT: Sandy Martin - 810.230.9300

COSPONSOR: SVS Vision

How to Register

Self Inspections to Identify Hazards
and Safety Training Needs

Complete information at
right to register by . . .

► **Phone:** 810.230.9300
► **Fax:** 810.230.1453
► **Mail:** SVS Vision
3192 S. Linden ste. B-121
Flint, MI 48507-3014
Atten: Sandy Martin, Mgr.

Name: _____
Company Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____
Fax: _____
Email: _____
Number Attending: _____ @ \$60 each = \$ _____

All meetings are accessible and barrier free. Please contact the cosponsor or the CET Division, at least two weeks in advance, to request necessary accommodations.

The Department of Labor & Economic Growth will not discriminate against any individual or group because of race, sex, religion, age, national origin, color, marital status, disability, or political beliefs. If you need assistance with reading, writing, hearing, etc., under the Americans with Disabilities Act, you may make your need known to this agency at least two weeks in advance.